



This Week in Primary Care

- Costa Rica's health system leads by example!
- Upcoming PC4AA Teach-In/Learn-In with former US Surgeon General, Dr. Jerome Adams!
- Watch our December event to learn how Situate, RI provides access to primary care to all its residents!
- Your gift to PC4AA will be matched!

Costa Ricans Live Longer Than Americans.

Each week we will send you articles that showcase how access to primary care makes people healthier, saves money, and can be the cornerstone of a healthcare system that puts people over profit.

In **today's article**, Dr. William Bestermann Jr. MD explains how Costa Rica beats the United States in most health measurements by unifying two approaches that the U.S approaches separately – public health and health care. He even highlights the work being done by Primary Care for All Americans!

Our movement can learn a great deal from Costa Rica's approach to public health. Together we can bring primary care to all Americans, in every neighborhood and community!

[Read the Article](#)

People in Costa Rica Live Longer Than We Do

Costa Rica is a Central American Country!



WILLIAM H BESTERMANN JR MD
DEC 18, 2023



Costa Rica is a country in Central America between Nicaragua and Panama. Central America is a harsh place, right? Refugees seeking asylum from Central America have created a border crisis in our own country with thousands fleeing horrible conditions and coming into the United States daily. Here is a shocking fact. Citizens of Costa Rica live longer than we do! Can that possibly be true?

**Join PC4AA and Dr. Jerome Adams
on January 9th**



Primary Care for All Americans Teach-In/Learn-In

January 9, 2024, 8:30 pm

Guest Speaker

Dr. Jerome Adams
former U.S. Surgeon General



Primary Care for All Americans is building a movement to bring accessible primary care to every American, in every neighborhood and community.

Join PC4AA for a conversation about making primary care accessible for all.

Health care for people, not for profit!

primarycareforallamericans.org

**Register Now for the
Teach-In/Learn-In Event on January 9th**

<https://www.emailmeform.com/builder/form/o7zNbxUX92>



Use the QR Code
to access the
registration form

[Register Now](#)

Watch the first PC4AA Teach-In/Learn-In!



On December 5th Dr. Lynn Blanchette addressed our inaugural Teach-In/Learn-In, sharing the inspiring story of how affordable, accessible primary care has transformed Scituate, RI.

[Watch the video here!](#)

Invite a Friend to Join the Movement!

Primary Care for All Americans is leading the movement to bring affordable, accessible primary care to every American, in every neighborhood and community. Please invite a friend or colleague!

Invite Someone

Your Donation Will Be Matched!

We know you are being asked to donate to a lot of causes this time of year. But if you believe that everyone should have affordable access to a primary care provider, now is a great time to donate to PC4AA. A generous donor has offered to match all donations of \$500-\$1,000 up to \$10,000! But no donation is too small! Your gift of any amount will help us spread the movement for primary care to every American community!

Donate

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